**Proposal for 695**

**Natalie Sachs**

**Burris Laboratory School**

Student Success Skills:

The student success skills classroom group-counseling program was created to target student academic outcomes. The intervention can be used in grades 4-10, and we will be using it with grades 6-8. SSS consists for 8 lessons, with the option to do booster sessions. The group will begin during the Spring semester and we will meet with students at least 1 time per week. SSS is based on 7 strategies for success: goal setting, noticing small improvements, practicing listening, empathy, and encouragement, noticing others good deeds, brain gym,and coping under pressure. The group lessons are meant to be 45-minute lessons, therefore we will attempt to have lessons be during lunch so that we can meet for the entire time.

To identify students who may fit well with this group I will:

* Look at grades (Students with D’s and F’s) look at students in the remedial classes
* Look at student performance during skillstreaming
* Email teachers to identify students who need help
* Students can also self-refer

To evaluate progress we will look at the following indicators:

* Pre-post-test data (students) → Quantitative and Qualitative data
* Teacher observations
* Changes in grades (participation grades and changes in grades from quarter 1 to quarter 2)
* Discipline referrals
* Anecdotal notes

**Session 1**

Welcome to the group, group introductions, rules and overview of the purpose of the group, create goals/plan for group

**Session 2**

Check in with Temperature check, review goals, go over life skills survey, go over keys for success

**Session 3-7**

Go through each week and concentrate on a different key for success, check in with temperature check and discuss success in each week and notifying small improvements

**Booster sessions if needed!**